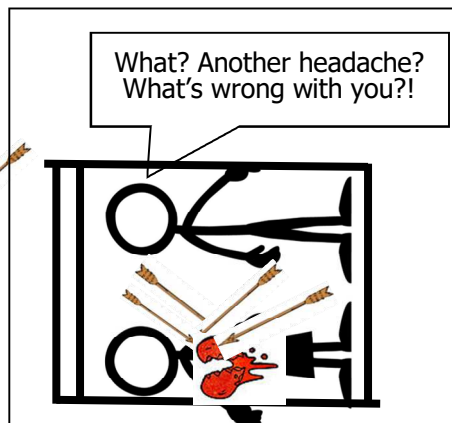
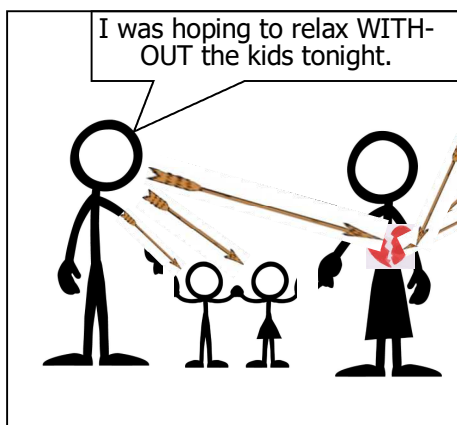
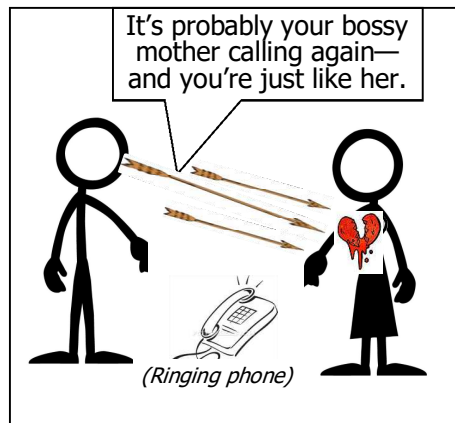


"Their tongue is as an arrow shot out..." *Jeremiah 9:8)*

'Foreplay Foibles'  
(**WHY** she's not in the mood')



"...if a man would give all the substance of his house for love, it would utterly be contemned (despised)." *Song of Solomon 8:7b*

# Marriage 101

by grandma ginger  
(happy & married 55+ years,  
and wish I'd known this info a long time ago)

**Advice for MEN:** Words spoken in anger DESTROY ROMANCE!



"The **desire** (*ability to be desired*) of a man is **his kindness** and a poor man is better than a **liar**."  
Proverbs 19:22

"Husbands, **LOVE your wives**..." Ephesians 5:25a

**#1 NEED of a Woman: SECURITY**

Women are made from man (*Genesis 2:22-23*) and have an innate desire to be protected, valued & treated kindly by him. (*That's why compliments, candy & flowers are appreciated.*) Wives respond to words of appreciation and feel **unloved**, vulnerable & insecure by a self-centered and cowardly husband who is not willing to deny himself (*as Christ denied Himself*) for His bride.

And, women are **MODEST PHYSICALLY**—it embarrasses them to bare **their bodies**—and will usually only do so when **trust** is established through consistent & genuine **KINDNESS**.

**Advice for WOMEN:** Words spoken condescendingly to a husband are NOT HEARD (*they make the wife his mother—and repulse him*)



...let the wife see that she **REVERENCE her husband**."  
Ephesians 5:33c

"For the ear trieth **words**, as the mouth tasteth meat."  
Job 34:3

**#1 NEED of a Man: HONOR**

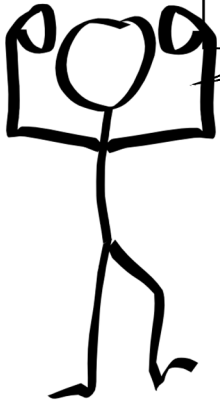
Men are made in the image of God (*Genesis 1:27*) and, **like God**, **only respond** when they are **honored**. (*That's why men's sports teams perform best when they have cheerleaders.*) Men simply do **not recognize** (*hear or respond to*) **words spoken in disrespect** (*real or perceived*).

And, men are **MODEST EMOTIONALLY**—it is embarrassing for them to lay bare **their emotions**—and will do so only when **trust** is established by them knowing their emotions will **NOT** be made public. Like God, **they don't respond to being told what to do** but are to be approached with praise, **then petitions**. Men need to hear **RESPECT** (*especially when not deserved*) in both words & action and can sense any disrespect and react to it—even unconsciously.

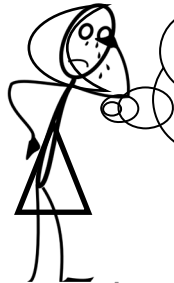
# Physical & Emotional PAIN

'seeds' (words) & their 'harvest' (pain)

The Bible says **I'm** the head of the house, so you **have** to **obey** me—it doesn't matter what you want! **MY needs come first.** I can do what **I** want—I'm your boss!



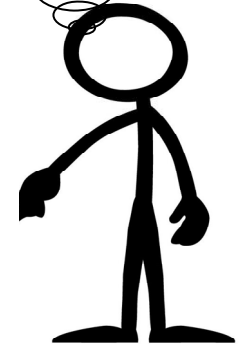
Oh, Lord, his words **HURT.** I feel trapped & **immobilized.** HELP!



You **NEVER** do what you say you will. You **NEVER** listen to me. You **NEVER** take responsibility. You **NEVER** fix anything. I have to do everything for you....



Lord, I'll **NEVER** measure up to her expectations but I **do** want to be the head of my family. HELP!



Later...



*"He is chastened also with pain upon his bed and the multitude of his bones with strong pain."* Job 33:19



*"Behold, I send an Angel before thee, to keep thee in the way and to bring thee into the place which I have prepared. Beware of him and obey his voice. PROVOKE HIM NOT, for he will not pardon your transgressions for my Name is in him."* Exodus 23:21

## THE GOOD FIGHT

### DON'T:

- Demand a response
- Insist on YOUR own way
- Victify anyone
- Overstate the problem
- React in anger
- Condemn
- Escape (physically or mentally)

### INSTEAD:

- Pray for wisdom
- Return good for evil
- Agree to disagree
- Yield the results to God

P.S. It also helps to agree that, if you're angry at bedtime—then you have to go to bed without any clothing on. (Try staying mad then!)  
P.P.S. Make it a point to **say** (& mean) **THANK YOU** to your spouse at **least 7 times a day.** Open closed 'gates' with thanks-giving.

Later...

Why does my head ache all the time?



*'It is better to trust in the Lord than to put confidence in man.'* Psalm 118:8